

THA LIP SMACKA #48

16 oz. \$8.50 / 32 oz. \$9.50

Fresh Watermelon Juice, Strawberries, Lime Juice, Rainbow Sherbert, honey & ice

REFRESH #50

16 oz. \$9.50 / 32 oz. \$9.99

Cucumbers, Kale, Spinach, Pineapple-Coconut Juice, Ice & lite Honey

1984 (RE-BIRTH) #54

16 oz. \$9.50 / 32 oz. \$9.99

Banana, Crystallized Ginger, Spinach, Pineapple-Coconut Juice or water & ice

AUSTIN-MARTIN #55

16 oz. \$8.50 / 32 oz. \$9.50

Apple Juice and Peach Juice, Two Bananas, Strawberries, Spinach (optional), & ice

B-HOLD REMIX #56

16 oz. \$9.50 / 32 oz. \$9.99

Chocolate Almond Milk, Banana, Ice Cream & Peanut Butter

COLD IRISH MOSS OR PINEAPPLE GINGER TONIC

16 oz. \$5.50

EXTRAS

Spinach \$0.75 (4 oz.)

Kale \$1.50 (4 oz.),

Irish Moss \$3.00 (2 oz.)

Wheat Germ \$1.20,

Bee Pollen \$1.20

Ginseng \$1.50,

Royal Jelly \$1.50

Crystallized Ginger \$1.50

HOOK UP 1

Ginseng, royal jelly - \$2.20

HOOK UP 2

Lecithin, wheat germ & bee pollen - \$2.05

COMPLETE HOOKUP

Wheat germ, bee pollen, ginseng, royal jelly & lecithin - \$4.05

4508 WEST SLAUSON AVENUE
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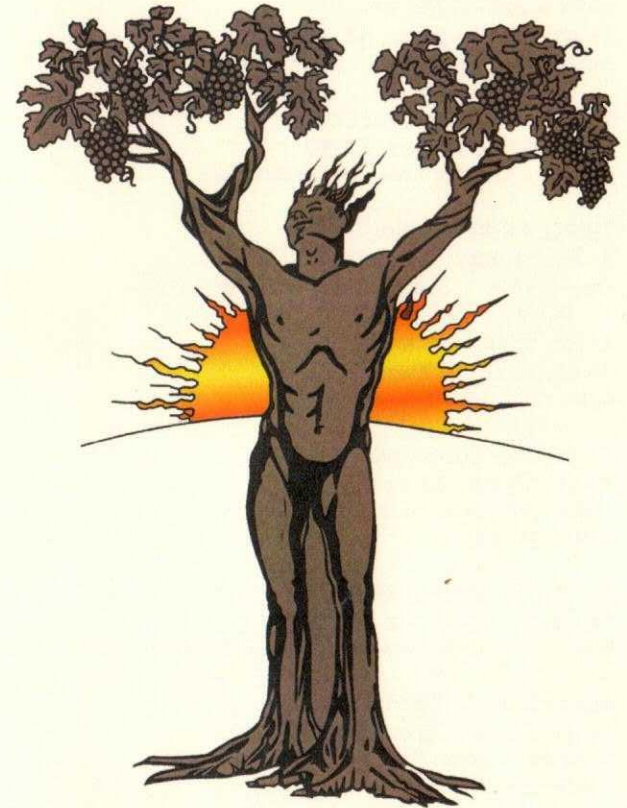
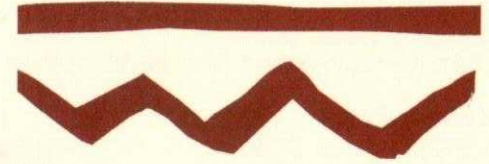
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Simply Wholesome®

"KEEPS YOU LOOKING GOOD AND FEELING GOOD!"

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Health Food Store & Restaurant



BEVERAGES

THIRST QUENCHERS

All drinks are made with honey (agave upon request) & Ice. Almond Milk may be substituted for Juice. Agave may be substituted for Honey.

Extra Charge for Large Drinks split in 2 cups \$3. Non-Dairy Frozen Ice Cream (additional \$1.95).

Protein Powder or Lecithin Added Upon Request. PRICES ARE SUBJECT TO CHANGE WITHOUT NOTICE.

GUAVA EXPLOSION #2

16 oz. \$7.50 / 32 oz. \$8.50

Guava Juice, Pineapple-Coconut Juice, ice & Strawberries

QUICK BRUNCH #3

16 oz. \$7.50 / 32 oz. \$8.50

Orange Juice, ice & Fresh Strawberries

PAPAYA ENERGIZER #4

16 oz. \$7.50 / 32 oz. \$8.50

Papaya Juice, ice & Fresh Strawberries

TROPICAL BANANA FREEZE #5

16 oz. \$7.50 / 32 oz. \$8.50

Pineapple-Coconut Juice, ice & 2 Bananas

TRIPLE FRUIT DELIGHT #6

16 oz. \$7.50 / 32 oz. \$8.50

Papaya Juice, 1/2 Banana, ice & Fresh Strawberries

APPLE STRAWBERRY SLUSH #8

16 oz. \$7.50 / 32 oz. \$8.50

Apple Juice, Strawberries, ice & Strawberry icee

CARIBBEAN SUNSHINE #9

16 oz. \$7.50 / 32 oz. \$8.50

Peach & Pineapple-Coconut juice, Banana, ice & Strawberry icee

THIRSTIER QUENCHER #10

16 oz. \$7.50 / 32 oz. \$8.50

Guava Juice, Fresh Strawberries, ice & Strawberry icee

BERRY SURPRISE #11

16 oz. \$8.50 / 32 oz. \$9.50

Boysenberry Juice, 1/2 Scoop of ice cream, ice & Blueberry icee

ARNOLD SCHWARTZENBERRY* #14

16 oz. \$8.50 / 32 oz. \$9.50

Boysenberry Juice, Banana, Ice cream, ice & 2 Eggs

HERCULES #15

*16 oz. \$8.50 / 32 oz. \$9.50

Guava Juice, 2 Bananas, Ice cream, ice & 2 Eggs

HIGH PROTEIN* #16

16 oz. \$8.50 / 32 oz. \$9.50

Pineapple-Coconut Juice, Banana, Ice cream, ice & Egg

PEACH PAZAZZ #17

16 oz. \$8.50 / 32 oz. \$9.50

Peach Juice, Banana, ice & Ice Cream

SUNSHINE* #18

16 oz. \$8.50 / 32 oz. \$9.50

Papaya & Orange Juice, Banana, Strawberries, Ice Cream, ice & Egg

SUPER WEIGHT GAIN #19

16 oz. \$8.50 / 32 oz. \$9.50

Papaya Juice, Banana and/or Strawberries, Ice cream & Peanut Butter/\$0.59 for both Banana, ice & Strawberries

TROPICAL BANANA WHIP #20

16 oz. \$8.50 / 32 oz. \$9.50

Pineapple-Coconut Juice, Banana, ice & Ice Cream

CARIBBEAN DELIGHT #21

16 oz. \$8.50 / 32 oz. \$9.50

Pineapple-Coconut, Apple Juice, ice & 2 Scoops of Ice Cream

BOYZ N BERRY #22

16 oz. \$8.50 / 32 oz. \$9.50

Boysenberry Juice, Fresh Strawberries, ice & Ice Cream

B-HOLD #23

16 oz. \$8.50 / 32 oz. \$9.50

Almond Milk, Banana, ice & Peanut Butter

TRINIDADIAN PEANUT PUNCH #24

16 oz. \$8.50 / 32 oz. \$9.50

Almond Milk, Peanut Butter, ice & Ice Cream

PEACHES & CREAM #26

16 oz. \$8.50 / 32 oz. \$9.50

Peach Juice, ice & Ice Cream

PEACHES & BERRY #27

16 oz. \$8.50 / 32 oz. \$9.50

Peach Juice, Fresh Strawberries, ice & Ice Cream

KWESI'S SPECIAL #28

16 oz. \$8.50 / 32 oz. \$9.50

Pineapple-Coconut Juice, Banana, Strawberry Icee, ice & Ice Cream

RAINBOW BANG! #30

16 oz. \$7.50 / 32 oz. \$8.50

Pineapple-Coconut Juice, Rainbow Sherbert, ice & Banana

MANGO MANGO #31

16 oz. \$8.50 / 32 oz. \$9.50

Mango icee, Strawberry icee, Banana, ice & Pineapple-Coconut juice

SIMPLY HEAVEN #32

16 oz. \$8.50 / 32 oz. \$9.50

Pineapple-Coconut Juice, Rainbow Sherbert, Strawberries, ice & Strawberry icee

SUPERNATURAL #40

16 oz. \$9.50 / 32 oz. \$9.99

Fresh Kale, Bananas, Fresh Strawberries with alkaline water & ice

YES, WE CAN!! #44

16 oz. \$8.50 / 32 oz. \$9.50

Organic raspberry lemonade, rainbow sherbert, ice, honey, strawberries, mango icee & ice cream

AYANNA'S DREAM #46

16 oz. \$8.50 / 32 oz. \$9.50

Guava Juice, Strawberries, Mango icee, Ice Cream, ice & honey

DETOX UP! #47

16 oz. \$9.50 / 32 oz. \$9.99

Crystallized Ginger, Cucumber, Sprouts, Garlic, Spinach, Kale, Cayenne Pepper & a Splash of Apple Juice

PLEASE NOTE: All drinks with an asterisk (*) next to them CONTAIN RAW EGG, AND/OR HAVE NOT BEEN PASTEURIZED AND THEREFORE MAY CONTAIN HARMFUL BACTERIA THAT CAN CAUSE SERIOUS ILLNESS IN CHILDREN, THE ELDERLY AND PERSONS WITH WEAKENED IMMUNE SYSTEMS