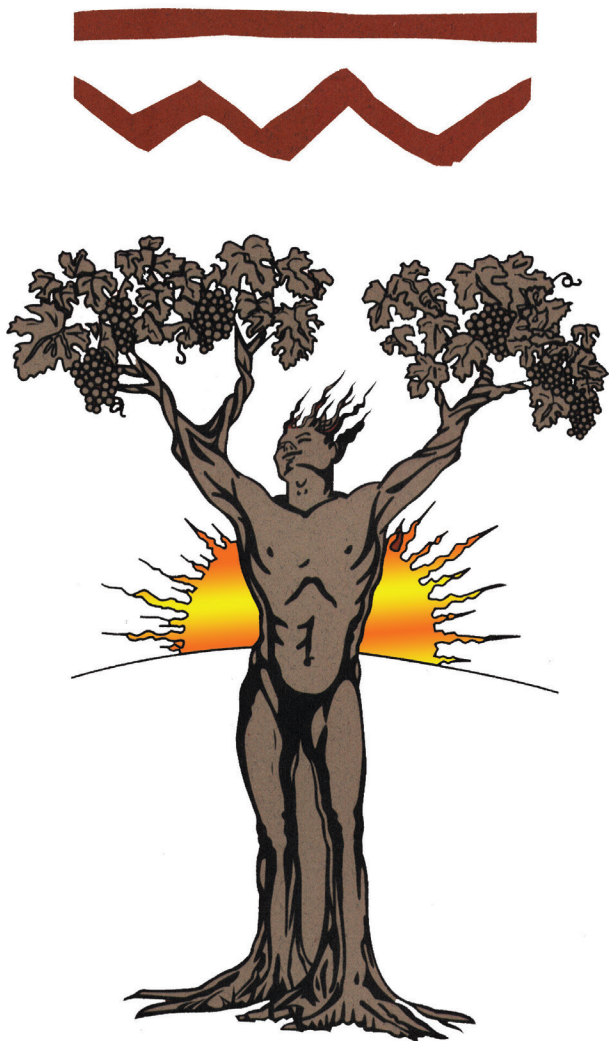


*Simply Wholesome*®

Health Food Store & Restaurant



**BEVERAGES**

# THIRST QUENCHERS

All drinks are made with honey (agave upon request) & Ice.

All drinks can be made non-dairy for additional \$2

Extra Charge for Large Drinks split in 2 cups \$3.

Protein Powder or Lecithin Added Upon Request.

PRICES ARE SUBJECT TO CHANGE WITHOUT NOTICE.

## GUAVA EXPLOSION #2

16 oz. \$7.75 / 32 oz. \$8.75

Guava Juice, ice & Strawberries

## PAPAYA ENERGIZER #4

16 oz. \$7.75 / 32 oz. \$8.75

Papaya Juice, ice & Strawberries

## TROPICAL BANANA FREEZE #5

16 oz. \$7.75 / 32 oz. \$8.75

Pineapple-Coconut Juice, ice & 2 Bananas

## TRIPLE FRUIT DELIGHT #6

16 oz. \$7.75 / 32 oz. \$8.75

Papaya Juice, 1/2 Banana, ice & Strawberries

## APPLE STRAWBERRY SLUSH #8

16 oz. \$7.75 / 32 oz. \$8.75

Apple Juice, Strawberries, ice & Strawberry icee

## CARIBBEAN SUNSHINE #9

16 oz. \$7.75 / 32 oz. \$8.75

Peach & Pineapple-Coconut juice, Banana, ice & Strawberry icee

## THIRSTIER QUENCHER #10

16 oz. \$7.75 / 32 oz. \$8.75

Guava Juice, Strawberries, ice & Strawberry icee

## BERRY SURPRISE #11

16 oz. \$8.75 / 32 oz. \$9.75

Boysenberry Juice, 1/2 Scoop of ice cream, ice & Blueberry icee

## ARNOLD SCHWARTZENBERRY\* #14

16 oz. \$8.75 / 32 oz. \$9.75

Boysenberry Juice, Banana, Ice cream, ice & Egg

## HERCULES\* #15

16 oz. \$8.75 / 32 oz. \$9.75

Guava Juice, 2 Bananas, Ice cream, ice & Egg

## HIGH PROTEIN\* #16

16 oz. \$8.75 / 32 oz. \$9.75

Pineapple-Coconut Juice, Banana, Ice cream, ice & Egg

**PEACH PAZAZZ #17**

16 oz. \$8.75 / 32 oz. \$9.75

Peach Juice, Banana, ice & Ice Cream

**SUNSHINE\* #18**

16 oz. \$8.75 / 32 oz. \$9.75

Papaya & Orange Juice, Banana, Strawberries, Ice Cream, ice & Egg

**SUPER WEIGHT GAIN #19**

16 oz. \$8.75 / 32 oz. \$9.75

Papaya Juice, Banana and/or Strawberries, Ice cream, ice & Peanut Butter/\$0.59

**TROPICAL BANANA WHIP #20**

16 oz. \$8.75 / 32 oz. \$9.75

Pineapple-Coconut Juice, Banana, ice & Ice Cream

**CARIBBEAN DELIGHT #21**

16 oz. \$8.75 / 32 oz. \$9.75

Pineapple-Coconut, Apple Juice, ice & 2 Scoops of Ice Cream

**BOYZ N BERRY #22**

16 oz. \$8.75 / 32 oz. \$9.75

Boysenberry Juice, Strawberries, ice & Ice Cream

**B-HOLD #23**

16 oz. \$8.75 / 32 oz. \$9.75

Almond Milk, Banana, ice & Peanut Butter

**TRINIDADIAN PEANUT PUNCH #24**

16 oz. \$8.75 / 32 oz. \$9.75

Almond Milk, Peanut Butter, ice & Ice Cream

**PEACHES & CREAM #26**

16 oz. \$8.75 / 32 oz. \$9.75

Peach Juice, ice & Ice Cream

**PEACHES & BERRY #27**

16 oz. \$8.75 / 32 oz. \$9.75

Peach Juice, Strawberries, ice & Ice Cream

**KWESI'S SPECIAL #28**

16 oz. \$8.75 / 32 oz. \$9.75

Pineapple-Coconut Juice, Banana, Strawberry Icee, ice & Ice Cream

**RAINBOW BANG! #30**

**16 oz. \$8.75 / 32 oz. \$9.75**

Pineapple-Coconut Juice, Rainbow Sherbert, ice & Banana

**MANGO MANGO #31**

**16 oz. \$8.75 / 32 oz. \$9.75**

Pineapple-Coconut juice, Mango icee, Strawberry icee, Banana, ice

**SIMPLY HEAVEN #32**

**16 oz. \$8.75 / 32 oz. \$9.75**

Pineapple-Coconut Juice, Rainbow Sherbert, Strawberries, ice & Strawberry icee

**SUPERNATURAL #40**

**16 oz. \$10.25 / 32 oz. \$10.75**

Alkaline water, Fresh Kale, Bananas, Fresh Strawberries & ice

**YES, WE CAN!! #44**

**16 oz. \$8.75 / 32 oz. \$9.75**

Organic raspberry lemonade, rainbow sherbert, ice, strawberries, mango icee & ice cream

**AYANNA'S DREAM #46**

**16 oz. \$8.75 / 32 oz. \$9.75**

Guava Juice, Strawberries, Mango icee, Ice Cream & ice

**DETOX UP! #47**

**16 oz. \$10.25 / 32 oz. \$10.75**

Splash of Apple Juice Crystallized Ginger, Cucumber, Sprouts, Garlic, Spinach, Kale & Cayenne Pepper

**PLEASE NOTE: All drinks with an asterisk (\*) next to them CONTAIN RAW EGG, AND/OR HAVE NOT BEEN PASTEURIZED AND THEREFORE MAY CONTAIN HARMFUL BACTERIA THAT CAN CAUSE SERIOUS ILLNESS IN CHILDREN, THE ELDERLY AND PERSONS WITH WEAKENED IMMUNE SYSTEMS**

**THA LIP SMACKA #48**

16 oz. \$8.75 / 32 oz. \$9.75

Fresh Watermelon Juice, Strawberries, Lime Juice, Rainbow Sherbert & ice



**REFRESH #50**

16 oz. \$10.25 / 32 oz. \$10.75

Cucumbers, Kale, Spinach, Pineapple-Coconut Juice, & Ice



**1984 (RE-BIRTH) #54**

16 oz. \$10.25 / 32 oz. \$10.75

Pineapple-Coconut Juice or water, Banana, Crystallized Ginger, Spinach & ice



**AUSTIN-MARTIN #55**

16 oz. \$10.25 / 32 oz. \$10.75

Apple Juice and Peach Juice, Two Bananas, Strawberries, Spinach (optional), & ice

**B-HOLD REMIX #56**

16 oz. \$9.75 / 32 oz. \$10.25

Chocolate Almond Milk, Banana, Ice Cream & Peanut Butter

**COLD IRISH MOSS OR PINEAPPLE GINGER TONIC**

16 oz. \$7.75

**All Drinks Are Made With Honey**

## EXTRAS

Spinach \$0.75 (4 oz.)

Kale \$1.50 (4 oz.),

Irish Moss \$3.00 (2 oz.)

Wheat Germ \$1.20,

Bee Pollen \$1.20

Ginseng \$1.50,

Royal Jelly \$1.50

Crystallized Ginger \$1.50

### HOOK UP 1

Ginseng, royal jelly \$2.20

### HOOK UP 2

Lecithin, wheat germ & bee pollen \$2.05

### COMPLETE HOOKUP

Wheat germ, bee pollen, ginseng, royal jelly  
& lecithin \$4.05

Maca \$1.75

Cayenne Pepper \$0.50

Extra Honey \$0.85

Extra Protein \$1.00

Lecithin \$1.00

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*Simply Wholesome*®

“KEEPS YOU LOOKING GOOD AND FEELING GOOD!”